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Getting sick isn't something you plan for. At Fallon Health, we get it.

What is telehealth?

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When you aren't feeling well, you want answers right away. That's why it's important that Fallon Health members register with our telehealth partner, Teladoc, before treatment is needed.

Getting started is simple. If you're a Fallon Health member, just follow these steps:

Call 1-800-835-2362 (TRS 711).

Or text "Get Started" to 1-469-844-5637.

Go to [www.Teladoc.com/fallon](http://www.Teladoc.com/fallon) and choose "Setup your account".

Download the app and click "Activate account".

## **2. Provide medical history.**

This information is secure and confidential. It will be used to help doctors make an accurate diagnosis.

## **3. Speak with a doctor.**

Once your account is set up, you can request to speak with a doctor anytime you need care. Interpreter services are available, if needed.

**1-800-Teladoc (835-2362)**